

1ST

GERIATRIC HIV MEDICINE SUMMIT

future challenges in the HIV management of elderly

Research, clinical aspects, tools and
management proposals for aging well



Scientific Programme

Rome, February 5-6, 2018

Grand Hotel Palatino



Deadline for abstract January 14, 2018 www.geriaticsummit2018.com

Chairs

Antonella Cingolani, Rome

Giovanni Guaraldi, Modena

Simone Marcotullio, Rome

Con il patrocinio di





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Filippo von Schloesser, Nadir Onlus, Rome
Maria Caterina Silveri, Catholic University, Milan
Alan Winston, Imperial College London (UK)
Giuseppe Zuccalà, Catholic University, Rome

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**future challenges
in the HIV management
of elderly**
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Rational

Antiretroviral therapy has enabled people to live long lives with HIV. Modelling now suggests near normal longevity, especially for those who did not acquire HIV via injection drug use and who have restored or maintained CD4 counts. In particular, recent models from the Netherlands predict that > 70% of HIV-infected patients will be 50 years of age or older by 2030 and 28% of people living with HIV (PLWH) will have at least three age-related comorbidities.

In light of this changing epidemiology, HIV providers must recognize and manage this new picture of the disease. In fact, in addition to multiple comorbidities (multimorbidity), the aging HIV population is at risk for geriatric syndromes, such as frailty, falls, delirium, and functional impairment. Moreover, the specificities of ARV principles in HIV elderly population have to be considered.

Geriatric principles can help meet this new challenge, as preservation of function and optimization of social and psychological health are relevant to the care of aging HIV adults, even those who are not yet old. Nonetheless, the field is still in its infancy. Although other subspecialties have started to explore the role of geriatricians, little is known about their role in HIV care, and very few HIV clinics have incorporated geriatricians.

This workshop introduces:

1. Life expectancy' versus 'healthy life expectancy': how to compress disability to advanced age
2. Operationalization of age as a health condition in clinical setting
3. Ageing Cohorts and HIV cohort: can they intersect?
4. Neurocognitive conditions in HIV and other disorders
5. Healthy aging and integrated care for older people:
 - Clinical and research perspectives
 - Examples of communication technology instruments for the patients' follow-up
6. Italian Guidelines for HIV elderly populations: main ARV principles according to available data
7. Exploring Models of comprehensive geriatric assessment and management in HIV

Through the contribution of leading national and international experts, this event will offer reflections on this new matter, training HIV physicians, geriatricians, young doctors (both infectious disease and geriatricians), people belonging to patient advocacy groups in order to inspire future teams that are able to work together in view of creating a national network on the subject. The conference, therefore, is directed to specialists (infectious disease specialists, internists, geriatricians) and members of patient advocacy groups.

Scientific Programme

February 5, 2018

10.30-12.00

Registration

12.00-12.30

Welcome and Reasons of the Workshop

A. Cingolani, G. Guaraldi, S. Marcotullio

12.30-13.45

**1st SESSION - 'Life expectancy' versus 'healthy life expectancy':
how to compress disability to advanced age**

Chairs: R. Cauda, C. Mussini

12.30-12.45

The older population in Italy: estimates and projections of an ageing nation

A. Cherubini

12.45-13.00

A geriatric HIV model for 2030

D. De Francesco

13.00-13.15

What centenaries taught us: from the Lab to the clinic

A. Cossarizza

13.15-13.45

Discussion

13.45-14.30

Lunch

14.30-16.05

2nd SESSION - Operationalization of age as a health condition in clinical setting

Chairs: M. Galli, F. von Schloesser

14.30-14.45

The construct of Frailty and of Intrinsic Capacity in public health and clinical perspective

M. Cesari

14.45-15.00

Which clinical measures should we use for clinical decision making
in people aging with HIV?

G. Guaraldi

15.00-15.15

The community comprehensive geriatric assessment: clinical assessment
or public health intervention?

F. Landi

15.15-15.30 How to translate the HIV know-how of PROs in HIV geriatric medicine
15.30-16.05 Discussion

A. Cingolani

16.05-16.20 Coffee Break

16.20-17.30 3rd SESSION – Ageing cohorts and HIV cohort: can they intersect?

Chairs: A. Castagna, E. Girardi

16.20-16.35 The ICONA Foundation Cohort

16.35-16.50 The POPPY Cohort

16.50-17.05 The GEPP0 Cohort

17.05-17.30 Discussion

A. d'Arminio Monforte

A. Winston

A. Calcagno

17.30-18.30 Wrap-up and discussion

A. Cingolani, G. Guaraldi, S. Marcotullio

Scientific Programme

February 6, 2018

09.00-09.45 4th SESSION – Neurocognitive conditions in HIV and other disorders

Chairs: M. Andreoni, P. Cinque

09.00-09.15 The burden of neurocognitive impairment in older HIV people and role of cART

09.15-09.30 Primary and secondary cognitive impairment: implications for infectious diseases

09.30-09.45 Discussion

A. Antinori

M.C. Silveri

09.45-11.15 5th SESSION – Healthy aging and integrated care for older people:

Chairs: C. Mussi, G. Zuccalà

1. Clinical and research perspectives

09.45-10.00 SPRINTT Study
10.00-10.15 INCHIANTI project
10.15-10.30 Discussion

**E. Marzetti
S. Bandinelli**

2. Examples of communication technology instruments for the patients' follow-up

10.30-10.45 My Smart Age With HIV
10.45-11.00 SmartAPP Study
11.00-11.15 Discussion

**A. Malagoli
M. Bonato**

11.15-11.30 Coffee Break

11.30-12.45 6th SESSION – Antiretroviral therapy prescribing principles in the elderly

Chairs: A. Lazzarin, S. Marcotullio

11.30-11.45 General prescribing in the elderly: iatrogenic triad and cART
11.45-12.00 TAF vs tenofovir-sparing
12.00-12.30 Booster vs non booster, STR vs dual
12.30-12.45 Discussion

**C. Marzolini
A. Di Biagio
S. Bonora**

12.45-13.45 Lunch

13.45-15.45 7th SESSION – Selected Oral Communications from Call for Abstract

Chairs: M. Cesari, A. Cherubini, G.M. Corbelli, G. Di Perri, G. Guaraldi

15.45-16.15 Conclusions

A. Cingolani, G. Guaraldi, S. Marcotullio

General Information

Conference Venue
Grand Hotel Palatino
Via Cavour, 213 - 00184 Rome
www.hotelpalatino.com

CME Accreditation

The Summit has been accredited to the Italian Ministry of Health - **Id Number 150-210908** - for **11 CME Credits**, for the following professionals: **Medical Doctor** - Infectious and Tropical Diseases; Hygiene, Epidemiology and Public Health; Microbiology and Virology; Allergology and Clinical Immunology; Internal Medicine; Gastroenterology; Geriatrics; Psychiatry; Pharmacology and clinical toxicology.

Biologist.

Psychologist - Psychotherapy; Psychology

Obtaining credits

Participants

To obtain credits, registered participants are required to:

- wear the identification badge during working sessions
- provide their signature and write entrance/exit times before and after attending working sessions
- complete assessment and satisfaction questionnaires.

Speakers

Speakers will be given 1 credit for each half-hour of consecutive teaching.

Speakers and moderators can receive credits as Participants.

Attendance Tracking

The attendance of participants will be tracked by asking them to put their signature at the start/end of each day, and to complete the assessment and satisfaction questionnaire.

CME Certificates

Credits will be given only if a participant attends 90% of the teaching event and provides correct answers to at least 75% of the questions included in the final assessment questionnaire. Participants are also required to provide their signature for attendance tracking purposes and to complete the satisfaction questionnaire. Accreditation will be documented by the Provider in CME certificates that will be sent to participants.

Official languages

Italian and English. No simultaneous translation provided.

CME Provider and Organizing Secretariat

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